

More information

Child sexual exploitation - the role of public health in prevention and intervention

The report from Public Health England summarises the emerging evidence from the UK on the issue of child sexual exploitation. It provides practice examples to support local public health leaders to establish a public health framework for prevention and intervention. The accompanying literature search is a summary of the latest international research about effective interventions to prevent child sexual abuse and child sexual exploitation. The primary audiences for these documents are directors of public health and local public health teams. Other interested audiences may include NHS services, local Councillors, head teachers and college principals, local children and young people's services and commissioners, and voluntary and community organisations. Access report [here](#)

Transparency data: Local authority interactive tool (LAIT)

The Local authority interactive tool (LAIT) from the Department of Education compares data about children and young people across all local authorities in England. This interactive spreadsheet presents information in interactive tables and charts with the local authority's rank and position in England. It includes data on children looked after by local authorities, child protection, special educational needs and disability (SEND), pupil attainment, children's health, post-16 circumstances and judgements from Ofsted. Access report [here](#)

In-work poverty among families with children

This paper from the Institute for Fiscal Studies funded by the Joseph Rowntree Foundation, forms a small part of the wider and flagship annual publication "Living Standards, Poverty and Inequality in the UK" which will be published on 19 July 2017. This chapter of the report investigates how the living standards and poverty rates of working families with children have changed and what has driven these changes, examining the relationship being parents' economic activity, their earnings and their living standards. Access report [here](#)

Being mindful of mental health - The role of local government in mental health and wellbeing

This report from the Local Government Association explores how councils influence the mental wellbeing of our communities and how council services, from social care to parks to open spaces to education to housing, help to make up the fabric of mental health support for the people in our communities. Chapter 3 focuses on the mental health of children and young people. Access report [here](#)

Social media and children's mental health: a review of the evidence

In this report, the Education Policy Institute (EPI) has examined the evidence of the impact of using social media on young people's mental health and emotional wellbeing. The analysis scrutinises the latest evidence on the digital lives of young people, the benefits and risks associated with using social media, and the evolving nature of technology. Access report [here](#)

Start active, stay active: infographics on physical activity

These infographics from the Department of Health outline the duration, frequency and type of physical activity required to achieve general health benefits for different age ranges. The infographics relate to the report by the UK's 4 Chief Medical Officers for the NHS, local authorities and a range of other organisations designing services to promote physical activity. Separate infographics with guidance about physical activity have been produced for pregnant women, for babies and children (birth-5 years old) and for children and young people (5-18 years old). Access report [here](#)

Health profile for England

This report from Public Health England (PHE) combines data and knowledge on the health of the population in England in 2017. It focuses on the question 'are we living longer, and are the extra years spent in good or bad health? It summarises and interprets current trends in health outcomes in England, in particular: life expectancy, health life expectancy, morbidity and mortality. It explores the impact of risk factors on these health outcomes and considers how England compares with other developed countries. It summarises inequalities in outcomes and the impact of the social determinants of health. Access report [here](#)

Health equity in England

A report on health equity in England focusing on inequalities between ethnic groups. This report from Public Health England: brings together recent data and provides an indication of trends where possible, supports understanding of inequalities in health for different populations in England, is designed to help health and social care organisations address inequalities in health outcomes for different populations in England. This report presents analysis and commentary on inequalities for 18 indicators from the Public Health Outcomes Framework (PHOF), including: life expectancy at birth, healthy life expectancy at birth, infant mortality, low birthweight of term babies, proportion of five year old children with dental decay, child excess weight in 4-5 and 10-11 year olds, children in low income families (all dependent children under 20) and readiness for school. Access report [here](#)

Diet and exercise in pregnancy. Lifestyle interventions are safe in pregnancy, and help control weight gain

This BMJ editorial highlights new evidence which provides information about the safety of physical activity in pregnancy. The evidence suggests that diet and physical activity interventions can help control weight gain. Access evidence [here](#)

Intermediate care

Intermediate care can deliver better outcomes for people and reduce the pressures on hospitals and the care system and its potential has yet to be fully realised. This evidence offers learning points that can guide the growth of intermediate care. In SCIE's first 'Highlights' report, we look at lessons, challenges and best practice. Access report [here](#)

Marmot Indicators 2017 - Institute of Health Equity Briefing

The Marmot Indicators Briefing, published by the UCL Institute of Health Equity updates on several key health measures that are used to track progress on policies aimed at reducing health inequalities. According to the analysis, deaths where dementia was a factor rose by 175% in women over 85 between 2002 and 2015, and 250% for men - partly due to the increase in diagnosis rates for dementia, and partly due to the increased numbers of people reaching old age. Access briefing [here](#)

Dementia in older age: barriers to primary prevention and factors

Evidence review showing that changing some behaviours in midlife can reduce the chances of getting dementia in older age. Access review [here](#)

Towards a smoke-free generation: tobacco control plan for England

Outlining plans to reduce smoking in England, with the aim of creating a smoke-free generation. Access plans [here](#)

People with learning disabilities: making reasonable adjustments

These guides explain why reasonable adjustments must be made to health services and what adjustments help people with learning disabilities access services. Access guide [here](#)

Patterns and trends in adult obesity

This slide set has been updated, incorporating the latest Health Survey for England data. The slides present key data and information on the patterns and trends in adult obesity in clear, easy to understand charts and graphics. The slides and accompanying notes can be downloaded and used freely with acknowledgement to PHE. They should be useful to practitioners and policy makers working to tackle obesity at local, regional and national level. Access slide set [here](#)

Dementia : NHS England produces Implementation guide and resource pack for dementia care

NHS England has published this new dementia guide that sets out what good quality assessment, diagnosis and care looks like in relation to formal guidance, in addition to the views and expectations of people living with dementia and their carers. Access guide [here](#)

Special educational needs in England: January 2017

This statistical release from the Department for Education provides analyses on the characteristics of pupils by their level of special educational needs (SEN) and type of SEN as well as SEN provision in schools. It is based on pupil-level data collected through the school census, general hospital school census and school-level annual school census (SLASC). Access information [here](#)

Closing the gap? Trends in educational attainment and disadvantage

In this report, the Education Policy Institute has examined the progress made in closing the gap in attainment between disadvantaged pupils and their peers. The analysis considers how that gap varies across the country and how it has changed since 2007. Access report [here](#)

All Our Health: personalised care and population health

This is a national framework of evidence to guide healthcare professionals in preventing illness, protecting health and promoting wellbeing and includes:

Improving the wider determinants of health

Guidance and evidence to enable healthcare professionals to make improvements against wider factors that affect health and wellbeing and health inequalities.

- [Workplace health: applying All Our Health](#)
- [Homelessness: applying All Our Health](#)
- [Learning disability: applying All Our Health](#)
- [Wellbeing in mental health: applying All Our Health](#)

Health improvement

Guidance and evidence to enable healthcare professionals to help people live healthy lifestyles, make healthy choices and reduce health inequalities.

- [Adult obesity: applying All Our Health](#)
- [Childhood obesity: applying All Our Health](#)
- [Physical activity: applying All Our Health](#)
- [Smoking and tobacco: applying All Our Health](#)
- [Alcohol: applying All Our Health](#)
- [Child oral health: applying All Our Health](#)

Supporting health, wellbeing and independence

Guidance and evidence to enable healthcare professionals to help people stay independent, maximising wellbeing and improving health outcomes.

- [Falls: applying All Our Health](#)
- [Dementia: applying All Our Health](#)

Access more information [here](#)

Royal College of Paediatrics and Child Health: New guidance on breastfeeding

Social stigma is a major barrier to breastfeeding, and more must be done to support women to continue breastfeeding beyond the first few weeks according to new recommendations published by the Royal College of Paediatrics and Child Health (RCPCH). The new guidance, backed by midwives and health visitors, is based on the latest research and aims to give practical advice on how long women should consider breastfeeding. It also makes the case for the health benefits of breastfeeding for both mother and child, as well as the cost savings to families and health services. Access guidance [here](#)

Community Collaboration: A Councillor's guide

Local Trust and LGiU have undertaken a year-long project asking how Councillors can promote collaboration between the council and residents and uncovering the best examples of collaboration in practice. This guide showcases best practice in this area. It is a practical guide that draws on the advice and experiences of councillors. Access guide [here](#)

Air quality plan for nitrogen dioxide (NO2) in UK (2017)

The Government has now launched its final [Air Quality plan](#) in order to bring UK air into compliance with legal limits for Nitrogen Oxides by setting out the UK's plan for reducing roadside nitrogen dioxide concentrations. Access plans [here](#)

If you have any local information, research or reports you think useful to share then please get in touch...or if the bulletin has been passed onto you and you would like to subscribe then mailto: johnhighton@wirral.gov.uk

Thanks

John